# Ability Axis Employment Expo

# SEVEN GREAT REASONS TO PARTICIPATE IN THE ABILITY AXIS EMPLOYMENT EXPO!

by **Denise Bissonnette** 

## 1. Career Exploration

There is no question that people who choose carefully where and for whom they work, end up happier in their jobs than those who simply take any job that becomes available. It is the reward that comes with making an "informed choice". What that means for you, of course, is



to become as fully informed as possible as to what your choices are! Attending the Employment Expo is a terrific way to expand your horizons about the variety of employers and service providers in your community, what various companies and agencies have to offer, and what opportunities might fit with your particular needs, abilities and interests. For those who are looking for career direction, a job fair provides a perfect setting to explore your options! The kinds of information to be gathered include:

- Possible career tracks within particular industries;
- Employment opportunities within particular companies;
- Potential training, internship, mentorship or job-shadowing opportunities; and,
- Job search tools and resources available within local employment service providers.

#### 2. Opportunity to Network

Considered by many as the most effective job search strategy, much has been written about the importance and helpfulness of networking when looking for work. Unfortunately, many job seekers are discouraged to hear this as they feel their own circle is too small, the most common response being "I don't know anybody"! If you are one of those people, know that one of the key benefits of attending a career fair is the opportunity to meet, engage and connect with new people in a variety of situations. Whether it's at the registration table, while having coffee, exploring the exhibits, sitting with people in a workshop, or just cruising around the fair, the Employment Expo is an extraordinary opportunity to expand your network in a variety of ways, both personally and professionally!

# Ability Axis Employment Expo

#### 3. Occasion to Practice and Hone Your Skills

What better way to get your feet wet in the pool of employment than to attend a job fair? It's a way of "putting yourself out there" in a low-risk, non-threatening situation, one in which employers are there for the explicit purpose of meeting and engaging in conversation with job seekers like you! Even if you are not currently in the job market, attending a job fair is a wonderful way to gain valuable experience in essential job search skills which include:

- Presenting yourself in a professional manner;
- Introducing yourself with calm and confidence;
- Effectively responding to interview questions;
- Asking good questions in a clear and concise manner;
- Initiating conversation with comfort and ease;
- Developing good listening skills; and,
- Gaining a comfort level in networking.
- · Gathering job market information; and,
- Following up on job leads or other opportunities to engage with local employers.

## 4. Meeting Face to Face with Employers

Who do you think you would be more apt to go out of your way to interview – someone whose resume you received in the mail but who remains faceless, or the person who you met in person, shook hands with, and enjoyed a moment or two of lively conversation? One of the greatest challenges of the job search is getting "face time" with the people who make sure that their resume or application gets in the right hands of the right people at the right time. For many, the greatest benefit of an occasion like the Employment Expo is to save the time, effort, and discouragement that can result from sticking with more impersonal job search methods like mailing resumes or responding to Internet postings. Having the opportunity to meet you in person, hear your voice or see your smile, could be all the difference in their decision to get your resume or application in the right hands!

#### 5. Opportunity to Attend Fun and Engaging Workshops

Some job fairs, like the Employment Expo, offer free, fun and engaging seminars for job seekers delivered by seasoned trainers on important and timely subjects pertinent to the job search. Offered throughout the day, you can attend what you wish, choosing the topics that speak to your particular needs and interests. These workshops typically equip the job seeker with effective and practical tools and new ideas, serving to both better equip you for the job search while simultaneously renewing and inspiring you with fresh thinking about your possibilities!

# Ability Axis Employment Expo

## 6. The Benefit of Being in Community

The job search can be a humbling experience and a challenging endeavor for people in all fields, and on all levels of skills and ability. It is not unusual for job seekers to feel alone in their efforts to find employment. One antidote to this feeling of isolation is having the experience of being part of a larger community of people who share similar challenges while reaching for their own dreams. There are numerous benefits to be had by spending a day engaging with your peers who have a variety of skills, interests and disabilities, and with professionals from a variety of industries and positions. Such an experience can build your confidence, renew a sense of belonging, and inspire hope as you engage with people who have achieved their vocational goals and/or are in hot pursuit of them!

## 7. Mixin' it Up by Doing Something Different

If for no other reason, think about attending the job fair just to participate in something out of your ordinary day-to-day job search. Feel free to ignore all of the above suggestions and come totally open to the experience, to the people, and to the possibilities that await you in this dynamic, open forum. The Employment Expo is meant to be as much a celebration of people with disabilities as anything else, so consider this your personal invitation to come and celebrate with us!

See more <u>Tips for Job Seekers</u>